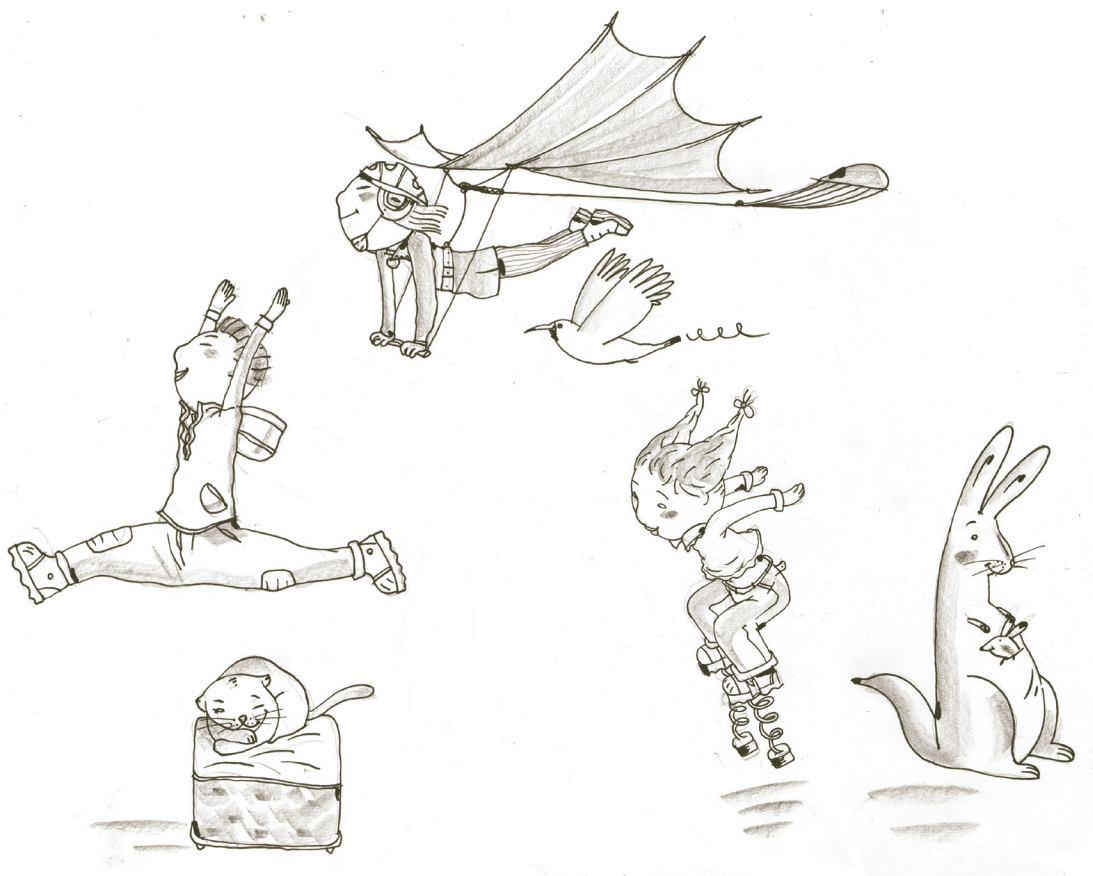


Passport to Adventure

Run! Jump! Fly!



Adventures in Action

Opening Weekend: October 10 to 12

Star in your own action adventure! Jump into a variety of creative adventure scenes in our action-star training centre. Try out "surfing", "kung fu" or "climbing", and take on challenges that test your balance, strength, coordination and endurance.

Produced by Minnesota Children's Museum, St. Paul, Minnesota.

Don't miss these special events!

Opening Weekend Let's Get Physical!

October 10, 11 and 12 — 10:30 a.m. to noon; 1:00 to 4:00 p.m.

It's time to get physical as we celebrate the opening of our new special exhibition, **Run! Jump! Fly!**. Join in the fitness fun, and explore great new ways to stay healthy. Try the speed-stacking challenge, relax with a little yoga, and be sure to check out exciting performances by the Ottawa Acro-Ropers and Ottawa's Dendo do Recife Capoeira troupe. At 1 p.m., Saturday, October 10 we welcome Canadian athletes, Annabelle Langlois and Cody Hay: Canadian Pairs Figure Skaters who will inspire you to run, jump and fly! Having won the Nationals in 2008, Annabelle and Cody are vying for the Vancouver 2010 Olympic Games.

Fall into Fitness

November 7 and 8 — 10:30 a.m. to noon; 1:00 to 4:00 p.m.

The weather is getting cooler, and many of the outdoor activities we all enjoy are heading indoors for the winter. Come to the Children's Museum and discover new and exciting ways to challenge your mind and your

muscles. Activities include martial arts workshops, circus skills, speed-stacking and Myachi®. And be sure to stop by the Factory to personalize your very own yo-yo!

Countdown to the Olympics!

December 27 to January 3 — 10:30 a.m. to noon; 1:00 to 4:00 p.m.

The 2010 Vancouver Olympics are quickly approaching — time to join us for some Olympic-inspired fun!

Activities include a pizza-pie-athlon, speed-stacking and Wii Winter Sports. Be sure to drop by the Studio where you can design your own Olympic medal.



We enrich children's lives, broaden their cultural experiences and provide a creative space where they can learn about the world. Come visit the **Canadian Children's Museum!**



Something

Bat Hunt

October 20 to 31 — 10:30 a.m. to noon; 1:00 to 4:00 p.m.

There will be bats on hats, bats under mats and bats taking naps. Find all the bats hiding throughout the Museum, and win a special Halloween prize!

Day of the Dead

October 24 and 25 — 10:30 a.m. to noon; 1:00 to 4:00 p.m.

Join special Mexican-Canadian guests as we celebrate Mexico's annual Dia de los muertos. Make your own dancing calacas (skeletons), join in a Mexican dance performance, and parade through the International Village to the sounds of mariachi music by Leobardo Tagle. Don't miss our cooking workshops in the Studio at 10:00 and 11:00 a.m. and 1:00, 2:00 and 3:00 p.m., where you can make a sugar skull to add to the family altar. *Developed in collaboration with the Mexican community and the Embassy of Mexico.*

Halloween

October 31 — 10:30 a.m. to noon; 1:00 to 4:00 p.m.

Come in disguise and join the witches in the Studio as they brew up a "ghostly" recipe. Customize your own trick-or-treat bag and hunt for lost bats. Come see a Halloween-inspired puppet show called *The Pocket Witch* by expert puppeteer Yvette Halpin. Showtimes are 10:30 a.m. and 1:00 p.m. in English, and 11:15 a.m. and 1:45 p.m. in French.

Just for You and Your Preschooler Ages 5 and under

On Fridays from 9:30 to 11:30 a.m., we offer adventures for preschool visitors and their accompanying adults, designed to help young children explore our exhibits.

Rockin' Baby-Cise! (Ages 6 months to 3 years)

October 16 and November 27 — 9:30 a.m. (French) and 10:30 a.m. (English)

Bring your active little one and enjoy dynamic, multisensory movement-focused activities inspired by our new temporary exhibition, **Run! Jump! Fly!**. Babies and toddlers will play in a baby-friendly environment where they will enjoy sights, sounds and movement through interactive songs and play.

Ghouls and Giggles

October 30

Come join in the Halloween festivities! Make some marshmallow treats, decorate your own trick-or-treat bag, and take part in a bat hunt. Stop by the Theatre to see a fun interactive puppet show, *The Pocket Witch*. Showtimes: 10:00 and 10:50 a.m. (English) and 10:30 and 11:15 a.m. (French).

Fall into Fitness

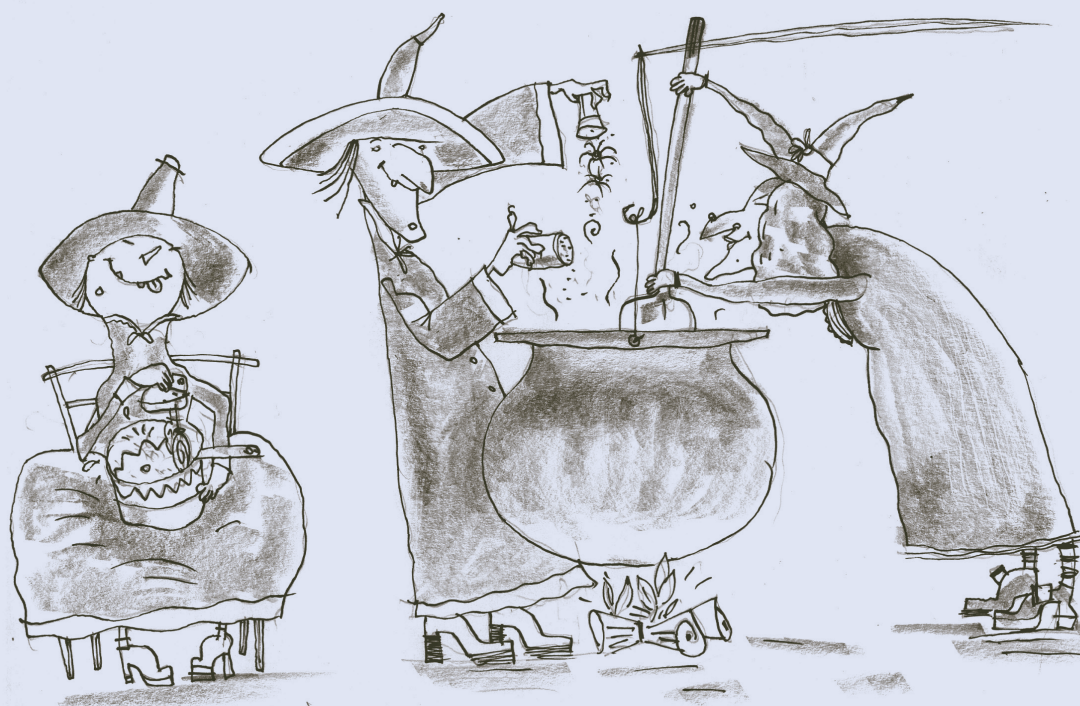
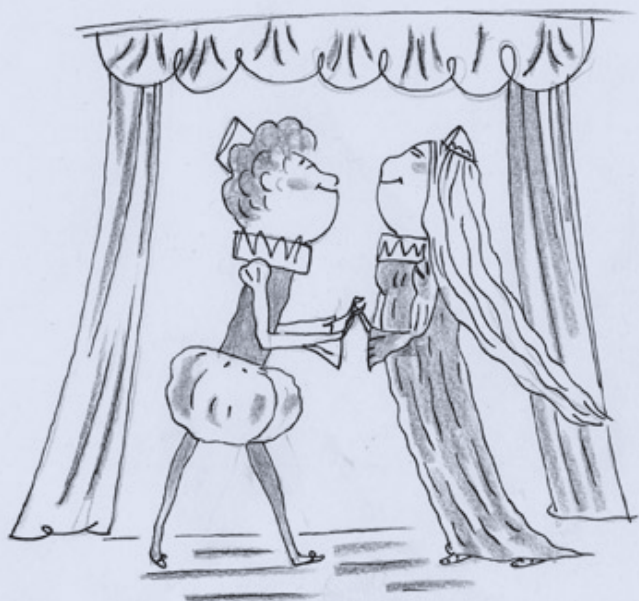
November 6

Join us for a morning devoted entirely to fitness and fun! Learn some awesome circus skills, train with a martial arts master, then relax with some tranquil yoga. Be sure to stop by the Factory and help make sculptures inspired by movement.

Santa's Workshop!

December 4

Santa's here, and he needs your help! Become an elf for the day and lend a hand to the other elves, who are finishing up important tasks for Santa's big day. Put on an elf hat and listen to a Christmas story, and laugh and play the North Pole way! Don't forget to stop by the Studio to make a special gift.



Festival of Lights

November 28 and 29 — 10:30 a.m. to noon; 1:00 to 4:00 p.m.

Many cultures have special festivals of light. Join our cultural guests for some seasonal celebrations of light and hope. Have your hand decorated with henna, and dance with our Indian guests as we celebrate Diwali. Play dreidel and receive a chocolate *gelt* to celebrate Hanukkah, and decorate a small float — traditionally made from banana leaves, flowers, candles and incense — for the Thai festival of Loy Krathong.

OPERANTICS!

December 5 — 10:00 and 11:00 a.m.; 1:00 and 2:00 p.m. (English only)
Limited seating.

The Opera Lyra Ottawa Opera Studio features excerpts from *The Bremen Town Musicians*. A donkey, a dog, a cat and a rooster embark on an exciting journey to Bremen, and meet a variety of interesting characters along the way. Do they ever get to Bremen? Join us in the Theatre and find out!

Sung by artists of the Opera Lyra Ottawa Opera Studio and accompanied by piano, this new work for young audiences was created by Dean Burry and commissioned by Opera Lyra for its twenty-fifth anniversary season. *Presented in partnership with OPERANTICS!, an Opera Lyra Ottawa program that introduces children, especially those under 12 years of age, to the world of opera.*

Check It Out!



As of October 19, 2009, the Canadian Children's Museum will be open Tuesday to Friday from 9:00 a.m. to 5:00 p.m., and Saturday and Sunday from 9:30 a.m. to 5:00 p.m.

20th Anniversary of the Convention on the Rights of the Child

Children and their families are important to the Canadian Children's Museum, and the Museum honours the 20th Anniversary of the Convention of the Rights of Children. November 20, 2009

for Everyone

Santa's Workshop!

December 12 and 13 — 10:30 a.m. to noon; 1:00 to 4:00 p.m.

Become an elf for the day and lend a hand to the other elves, who are finishing up important tasks for Santa's big day! Put on an elf hat, listen to a Christmas story, and be sure to stop by the Studio to make a special gift.



Kids in the Kitchen

Join us in our Studio for cooking experiences that are as much fun to make as they are to eat! Workshops are offered at 10:00 and 11:00 a.m. and 1:00, 2:00 and 3:00 p.m. Sign up at the Embassy one hour before each workshop. Maximum 25 participants per workshop.

A-maizing Corn!

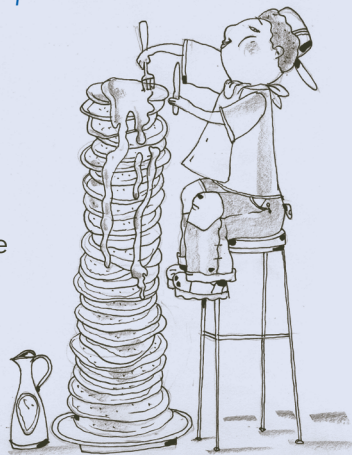
October 3 and 4

Come and discover the secret value of corn! A First Nations guest will share the cultural importance of the Three Sisters food group (corn, beans and squash) to our neighbouring Haudenosaunee (Iroquois) People, and will help you to create a snack bag and prepare cornmeal muffins to take home!

Breakfast of Champions A Run! Jump! Fly! event

November 14 and 15

The most important meal of the day is super-powered for champions! Come and make your own healthy muffin and smoothie to give you an energy boost at any time of the day!



Christmas Cookies

December 19

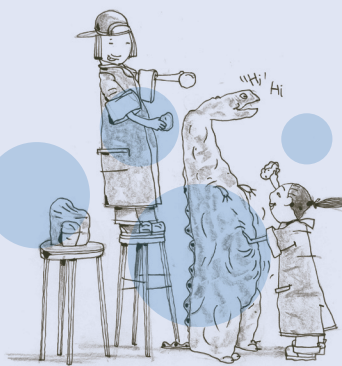
Cranberries are a staple of holiday foods, and it's time to create a delicious cranberry treat! Join our busy elves in Santa's Bakery and help make a batch of cranberry and lemon cookies to share with your loved ones.

Look Out! It's an Art Attack!

Drop-in activities for ages 5 and up

Jumpstart your imagination and stretch your creative thinking skills in our drop-in workshops. Themes change regularly and are designed to foster creativity. These programs may be pre-empted by a special event.

- Play with Colour — make a painting
- Play with Shape — make a sculpture
- Play with Light — make a collage



Calendar

October

- 3-4 • Kids in the Kitchen
- 10-12 • Opening Weekend for **Run! Jump! Fly!**
- 16 • Just for You and Your Preschooler
- 20-31 • Bat Hunt
- 24-25 • Day of the Dead
- 30 • Just for You and Your Preschooler
- 31 • Halloween

November

- 6 • Just for You and Your Preschooler
- 7-8 • Fall Into Fitness
- 14-15 • Kids in the Kitchen
- 27 • Just for You and Your Preschooler
- 28-29 • Festival of Lights

December

- 4 • Just for You and Your Preschooler
- 5 • Operantics!
- 12-13 • Santa's Workshop
- 19 • Kids in the Kitchen
- 27-31 • Countdown to the Olympics!

January

- 2 and 3 • Countdown to the Olympics!
- 4-8 • Museum Closed

National Family Week — October 5 to 11, 2009

This week gives us all an opportunity to celebrate families and reflect on their importance in our lives. The Canadian Children's Museum is designed for families — why not mark National Family Week with a visit to our museum to explore how families around the world work and play together? To find out more, please check out National Family Week at www.frp.ca/NFW

The Canadian Children's Museum wishes you and your family a holiday full of warmth and good cheer! Buon Natale! Feliz Navidad! God Jul! Merry Christmas! Joyeux Noël! Hartelijke Kerstgroeten! Fröhliche Weihnachten!

Mailing List

- Yes! Add me to the mailing list for your great newsletter!
- Yikes! Check the list . . . I've signed up but have received zip, nothing, nada! Quick! Change my address to the new one below.
- I understand you promise to send me four issues of the CCM newsletter if I promise to print neatly!
- Please, remove my name from the mailing list!

Name

.....

Phone

.....

Address

.....

City/Postal Code

.....

E-mail address:

.....

Mail to: Canadian Children's Museum, Attention: Assistant

100 Laurier Street, Gatineau, QC K1A 0M8



Fall Hours

- **Until October 18:**
Open seven days a week,
9:00 a.m. to 6:00 p.m.
Thursdays: Canadian Children's
Museum closes at 8:00 p.m.

Winter Hours

- **Starting October 19:**
Open Tuesday to Friday,
9:00 a.m. to 5:00 p.m.;
Saturday and Sunday,
9:30 a.m. to 5:00 p.m.
Thursday: Canadian Children's
Museum closes at 8:00 p.m.
- **December 24:** closes at 3:00 p.m.
- **December 25:** Closed
- **December 26 and January 1:**
Open 9:00 a.m. to 5:00 p.m.
- **January 4 to 8:**
Museum closed

Free Days:

- November 11 (Remembrance Day)

Party! Party! Party!

The Canadian Children's Museum is the perfect location for parties, especially for children ages 4 and over. For more information, please call 819 776-8281 or e-mail us at: programcoordinator@civilization.ca



Overnight Adventures

Bring the gang for a sleepover at the Canadian Children's Museum. Groups of 20 or more children from 7 to 12 years of age will love this unique experience — a perfect trip for Scouts, Girl Guides, school groups and teams.

"This has been one of the most interactive sleepovers we've been to as a group in years."

For more information, please call 819 776-8281 or e-mail us at: programcoordinator@civilization.ca

Canadian Children's Museum, Canadian Museum of Civilization, 100 Laurier Street, Gatineau, QC K1A 0M8
Tel.: 819 776-7001

Visit the Canadian Children's Museum on the World Wide Web. Our address is: www.civilization.ca